

English Resume

Dimitrios Papoutsis
Obstetrician-Gynaecologist
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My name is Dimitrios Papoutsis and I am an Assistant Professor in the Midwifery Department of the School of Health Sciences in the University of Western Macedonia in Greece. As a clinician I am an Obstetrician Gynaecologist having acquired my medical degree (MD) from the Medical School of the National and Kapodistrian University of Athens (1992-1998), after successfully sitting for the Panhellenic University Entry Examinations. I performed my Obstetrics-Gynaecology speciality training at the University Hospital ‘Alexandra’ in Athens which was completed in 2010.

In 2010 I left Greece, and thereafter I lived and worked in the United Kingdom (UK) between 2011-2018. I served at the National Health Service (NHS) in the UK as a clinician Obstetrician-Gynaecologist initially at the Royal Free Hospital in London (2011-2012) and then at the Shrewsbury and Telford Hospitals NHS Trust (SATH) (2012-2018) which is a Keele University-affiliated hospital. As a clinician I familiarised myself with the norms of ‘natural childbirthing’ and how to promote normality at birth with minimal interventions and drug-free relief of labour pain, since SATH hospital is exemplary in the UK for the very low caesarean section (CS) rates of less than 20%. In 2013 I was appointed a Post-doctoral Researcher and Lecturer and I have researched and published in the academia several articles that are Obstetrics and Midwifery primarily oriented. In 2015, I received a UK grant and visited the United States of America as a visiting Professor at the University of Michigan.

In 2018 I returned to Greece and in 2019 I was appointed as Assistant Professor in the Midwifery Department of the School of Health Sciences, at the University of Western Macedonia in Greece, which post I maintain at present.

I have conducted post-doctoral research in the UK (2018-2020) in the field of ‘Natural childbirthing, Waterbirths and Obstetric perineal trauma’.

I have conducted post-doctoral research in Greece (2020-2023) in the field of ‘Shoulder dystocia at childbirth-high-fidelity simulation’.

I have received two Awards of Excellence in Research (2021, 2022) from the University of Western Macedonia, one of which was related to my research in ‘waterbirths’.

I have participated as a member of the research team in six RCT projects in the UK funded by the NIHR (National Institute of Health Research) that are related to pregnancy and delivery.

In Greece, I am the PI (Principal Investigator) of two research studies, that are related to promoting safety and effectiveness at childbirth:

- Evaluating a training intervention in Greek Midwifery school graduates for the retention of skills in shoulder dystocia management with the use of high-fidelity simulation: the SAFE (SimulAtion high-FidElity) study, funded by the HFRI (Hellenic Foundation for Research and Innovation)
- Perinatal training programme in cardiotocography with the use of K2-medical systems™ to promote safety and normality at childbirth for Midwifery students, funded by Bodossaki Foundation in Greece

My current h-index is 12 (Scopus) and 18 (Google Scholar), and I have more than 850 citations in the literature from more than 75 publications in English language peer-reviewed journals, among which are high-impact factor journals such as *The Lancet* and *Lancet Global Health*. I also have more than 20 publications in Greek language peer-reviewed journals. I have delivered 70 presentations in international congresses abroad and 54 presentations in national congresses in Greece.

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The international research and scientific profile that I have developed over the years involves an extensive networking with the United Kingdom, the United States of America and other European countries. I maintain clinical research ties and affiliations with Shrewsbury and Telford Hospital NHS Trust-Keele University affiliated hospital in England, as well as with the University of Michigan at the United States of America. I have participated in Erasmus+mobility teaching in other European Universities such as in Poland and Bulgaria. I am a member of several scientific societies, such as the Royal College of Obstetricians Gynaecologists and the Higher Education Academy in the United Kingdom, the ISSVD society in the United States of America etc.

My current values and future vision about the Midwifery Department involve promoting ‘normal’ or ‘natural’ childbirthing. This will be achieved by means of reshaping our clinical practices through innovative research findings, by inspiring our Midwifery students and instilling in them a women-centred philosophy of quality care. My content and modalities of teaching to our Midwifery students are and will be focused to providing skills and knowledge that are evidence-based along with acquiring a professional attitude that comprises the attributes of empathy, compassion, respect, along with motivated and eager healthcare provision.

In a wider perspective, my intention is to participate in further improving the scientific and academic profile of my University through cutting-edge research and novel study designs, and to increase its international ranking among other Greek and European universities. My aspiration is to transform both my department and university to a reference centre of academic and research excellence that will convey a significant impact upon our students’ future careers, on the advancement of the academic community, and will bear a great societal impact within the region and nationwide.
